## Amy invites you to spend the day with 3 of her favorite instructors – eat, drum and be happy!

Join us for a day of fun, food and drumming. We'll have three great ninety minute, all-level drum classes (loaner drums are available if you don't have your own – please let us know you need one in advance). Lunch will be provided. It's happening at the DrumRise Studio in Decatur. Details, directions and registration info is below, but first meet our special guests...



Aly Camara

Aly Camara was born in Guinea, West Africa. Guinea is known for their energetic, polyrhythmic traditional drum and dance, and has maintained much of their indigenous cultural traditions.

Aly plays a number of percussion instruments. He is most outstanding on the djembe, dununs krin (a wooden log drum), the gongoma, and several other little known percussion instruments that are indigenous to Guinea. Aly has a beautiful voice and sings traditional rhythms from a variety of West African ethnic group.



Chuck Cogliandro

Chuck has been a project engineer for General Motors, a chauffeur to the stars, a wanderer and reader, and an in-house analyst for a mystery shopping company. He is currently a musician, a healer, a son, a brother to two sisters, a husband to Kelly, a friend to many, and a lover of life.

He has traveled to Guinea with his friend and teacher Mohamed DaCosta, and has studied West African music with many great artists and teachers, including Brother Yusef Crowder, Stone ontgomery, Mohamed Diaby, Aly Camara and Robin Bountourabi Leftwich. He has been trained in various ways of healing by Barbara Brennan, Peter and Jamy Faust, and Kimberly Cahill. Chuck loves to be a part of groups that are attuned in rhythm and movement in order to remember that the source for all of us is with the Divine.



Robin "Bountourabi"
Leftwich

The totally remarkable "Bountourabi" of Happy Beat Drumming in North Carolina is an experience not to be missed!

Caution: Side effects may include a feeling of euphoria, an enhanced sense of rhythm, improved health, a new vision of the world, heightened self esteem, fits of laughter, a new rash of friends, an itch to come back and extreme HAPPINESS. If the symptoms last for than four more hours, seek the assistance of friends to laugh it off and then repeat the dosage... Use more often than needed and share liberally with your friends.

## Why Drum Day?

The Drum Day Picnic is a serendipity sort-of event. I had shoulder surgery last year (*years of lugging drums all over the world!*). This meant discontinuing my regular classes for several months. I missed my students.

During that time Robin, Chuck and Aly all offered their help since I was unable to do my drum classes.



And I thought about these wonderful teachers and how each of them has unique gifts to offer their students.

Voila!!! A drum day picnic - share these fantastic people with each other as a way of saying thanks. I know you will enjoy yourself.

Thank you all - Amy



## Details

Location for the picnic is <u>The DrumRise Studio</u> (adjoining Amy's home).

The first class begins at 10 am. Come early for coffee.

Cost is \$85, all-inclusive. Fee must be paid in advance. Register early – space is limited!

www.drumrise.net